

Vegan Spiralizer Cookbook Inspiring Vegetable

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Summary:

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Vegan spiralizer recipes â€” Vegangela Hi! I'm Angela, a Canadian ex-pat living in Sydney, Australia.I've been vegan since high school â€” about 21 years now! I'm passionate about food & love sharing healthy vegan recipes. Lighten Up Summer Meals With These 15 Vegan Spiralized ... 15. Vegan Eggplant Noodles. Once you get some practice making all these different types of veggie noodles with your spiralizer, give these Eggplant Noodles a try. Itâ€™s a little harder than the other veggies because of the texture of the eggplant but itâ€™s worth the effort because they are delicious.

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