

Vegan Feasts Essential Rose Elliot

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## Summary:

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Vegan Feasts: Essential Vegetarian Collection - Dymocks \* boozy vegan 'Christmas pudding' ice cream. For quick snacks, light lunches or party menus, this compilation of modern classics and old favourites will help you create your own vegan feasts! There is also essential information for the vegan beginner on balancing your meals to ensure you get enough protein and nutrients.